

Downham and Waddington Cycle Route

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Start Whalley or Clitheroe, Lancashire.

Main Route 18 miles / 29 Km

Bottom loop 11 miles / 18 Km

Top Loop 13 miles / 21 km

Refreshments: at Waddington, Downham, Clitheroe, Whalley and Mitton

Main Route

1. From Hayhurst Road turn left along the road through Barrow ignoring all turnings off until you reach a T-junction.
2. Cross straight over this road and go through a small gate, (you are now following an old road and are in an almost car free zone). Keep on until you reach a crossroads, go straight on, still on the old road until you reach the A59.
3. Carefully cross this busy road and you will see a concrete strip alongside the hedge that runs through the left parallel with the A59. Continue along this until it becomes a lane that will lead you into Worston. Turn right into Worston and begin the only really hilly part of the ride, the road to Downham. Ignore all right turns keeping to the through road that will eventually descend into Downham.
4. In Downham cross the bridge over the stream and follow the road round past the church. Keep straight on over the A59 and you will arrive at Chatburn.
5. At the T-junction go left and first right, signposted Grindleton.
6. Before reaching Grindleton and after crossing the River Ribble, turn left towards West Bradford and head through the village towards Waddington.
7. Swing left just before the centre and at the next crossroads go straight across towards, but to the right of the Parish Church, with the clock tower and follow the road as it bends left and right.
8. After about 2 miles go left and first right towards Whalley. Left at the next junction, go right at the next all the time heading for Whalley. After passing a small bus shelter on the right keep straight on as the road bends right. At the end of the quite road turn left.
9. Follow the road through Mitton over the Ribble, under the A59, until you reach Whalley and turn second left after the station into Limefield Av. Turn right at the end to reach your starting point.