

Bashall Eaves and Cow Ark

Bashall Eaves and Cow Ark Cycle Route

Start Whalley or Clitheroe, Lancashire

Main Route: 20 miles / 32 km

Short Rute: 10 miles / 16 km

Refreshments Red Pump Inn at Bashall

Eaves. Café and shop at Mitton. The Three Fishes at Mitton. Lots of choice in Whalley.

Short Route

Take the main route as far as the sharp left turn in number 4. Follow this road to a crossroads and cross straight over to rejoin the main ride through Mitton at number 8.

Main Route

1. From Hayhurst Road turn left along the road through Barrow ignoring all turnings off until you reach a T-junction.
2. Turn left at the bottom of the hill turn left into Primrose Road. Follow the road to the 'Stop' sign and turn left. Cross the level crossing, straight across at the next 'Stop' sign then turn left at the T-junction.
3. Keep straight on over Edisford Bridge and turn, not immediately right, but at the top of the hill (signposted Bashall Eaves).
4. Continue, ignoring a left and a right turn but still following signs for Bashall Eaves until the next turning on the left is reached, which heads back on itself and is signposted Mitton and Whalley. For a short cut turn left here or continue straight on for the full ride.
5. Continue past The Red Pump and the Village Hall and take the next right. Continue along this quiet lane keeping left at the next three small T-junctions until you have to Give Way at a T-junction with the larger road at Micklehurst.
6. Turn right. keep on, ignore any turnings (don't be surprised at the Lancaster sign!) until you have to Give Way at another T-junction. Turn left towards Chipping.
7. At the next T-junction turn left this time signposted Whalley and ignore two right turns. Shortly after crossing the River Hodder, climb the short hill and turn right at the crossroads.
8. Turn right at the next junction, left at the next to Mitton and turn left at the T-junction after the church, follow the road down, over the Ribble and under the A59, until you reach Whalley and turn the second left after the station into Limefield Avenue. Turn right at the end to reach your starting point.