


The Three Fishes and the River Ribble

Start Point

The Three Fishes
 SD 7145 3901

Distance/Time

Route A: 3 miles – 1.5 hours
Route B: 1.5 miles – 45 mins

Terrain

Roads, tracks and fields.
Gates and some stiles.

Public transport

Bus Service: **C25 Clitheroe to Blackburn** (Mon to Fri)

About This Walk

Nestling on a limestone rise above the River Ribble, the tiny hamlet of Mitton was described by Victorian travel writer, William Howitt as “one of the most perfect nooks of the world. One of the places that stand as they stood ages ago”. To this day, the appearance of the picturesque village of Mitton has hardly changed.

At its heart is All Hallows, one of England's finest mediaeval churches. This 13th century place of worship features the Shireburn Chapel, with its family effigies sculpted by William Stanton.









Route A passes through Standen Hey community woodland which comprises 55 acres of native broadleaf trees. A total of 23,000 trees were planted on farmland in 2003 with the help of school children in Barrow. The woodland is managed by the farm and includes a network of grassy rides for informal recreation.

Key to Facilities





 The Three Fishes Inn

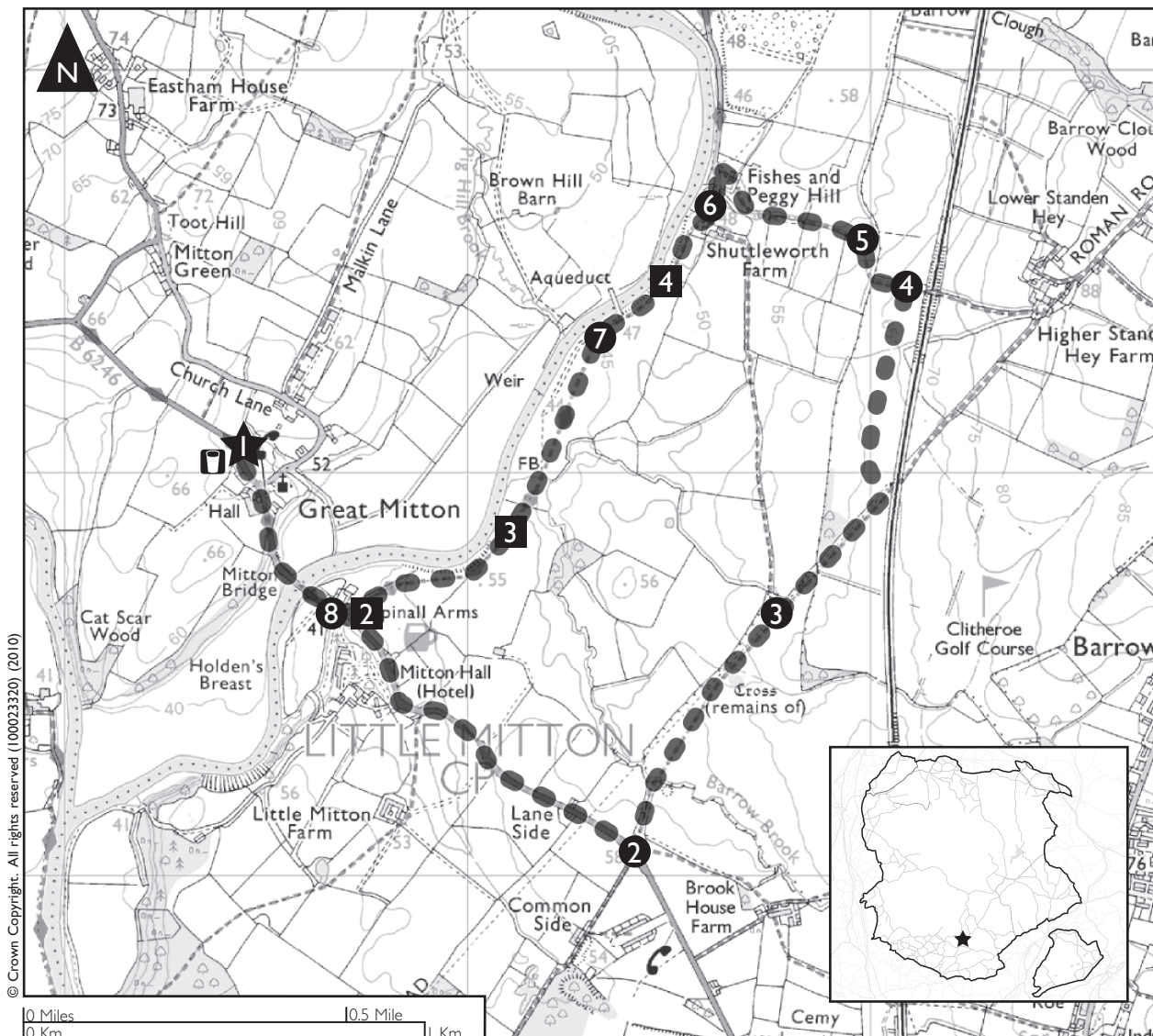
GPS Waypoints (OS grid refs)

● Route A

-  SD 7145 3901
-  SD 7242 3808
-  SD 7276 3863
-  SD 7310 3945
-  SD 7298 3955
-  SD 7259 3963
-  SD 7232 3933
-  SD 7169 3866

■ Route B

-  SD 7145 9301
-  SD 7169 3866
-  SD 7210 3884
-  SD 7248 3946



The Three Fishes and the River Ribble

About the Three Fishes



Since re-opening in September 2004, the Fishes has already picked up the cream of Britain's awards. Accolades earned, in no small part, thanks to the menu inspired by Nigel Haworth, Chef Patron of nearby Northcote, an internationally renowned restaurant in its own right and an associate company of Ribble Valley Inns.

Bowland Tourism Environment Fund

Bowland Tourism Environment Fund (BTEF) is a social enterprise charity, established to encourage tourism businesses, visitors, local communities and groups to work together in caring for the Forest of Bowland landscape. It raises funds from visitor donations, pay-back schemes and other sources. BTEF then provides funds for small local projects, which will benefit both visitors and the local environment. The Three Fishes Inn are supporting BTEF by adding 20p on a cover; this will provide a new 'Tramper' all-terrain scooter so that those with limited mobility can also enjoy the countryside of the Forest of Bowland AONB.

Walk Description

Route A ●

★GPS: SD 7145 3901

Turn right out of the pub car park and follow the road down over the River Ribble, past Mitton Hall Hotel and Little Mitton farm for approx 1 mile.

② GPS: SD 7242 3808

When the road bends to the right, look for a footpath going off to the left (opposite a track). This takes you through a copse and over a small footbridge then through open fields (keep to the left edge of the field) to a stone cross base (Hardhill Cross) where you join the line of a roman road.

③ GPS: SD 7276 3863

Walk on a little way from the cross and through a kissing gate into Standen Hey Community Woodland where you are welcome to wander and picnic. Just before the railway crossing bear left and continue through the woodland along a tussocky ride.

④ GPS: SD 7310 3945

You will emerge from the woodland with a railway bridge on your right onto a footpath, turn left away from the railway and exit the woodland over a stile.

⑤ GPS: SD 7298 3955

Bear right across the fields to the tree-line then follow the path down the right edge of the field through a few gates to Fishes and Peggy Hill Farm. This will bring you out onto a private road where you turn left.

⑥ GPS: SD 7259 3963

As you approach Shuttleworth Farm take the kissing gate to the right of the main farm gates (way marked 'Ribble Way') and continue via a second kissing gate and a gate, on a track that runs alongside the river. You will pass an aqueduct carrying the piped water supply from Haweswater, then come to a weir and flow measurement station.

⑦ GPS: SD 7232 3933

Take a diagonal route away from the river across a field then over a small footbridge. Across the next field and then keep right over two more fields all the way back to Mitton.

⑧ GPS: SD 7169 3866

When you reach the road next to the Aspinall Arms, turn right and follow the road back to the Three Fishes.

Route B ■

★GPS: SD 7145 9301

Turn right out of the pub car park and follow the road down over the River Ribble.

② GPS: SD 7169 3866

Just after the Aspinall Arms pub on your left take a public footpath through a kissing gate way marked the 'Ribble Way'. Keep to the left then at the top left corner of the field go over a stile and continue along the left of the field to a kissing gate.

③ GPS: SD 7210 3884

Through the kissing gate, across the field and over a footbridge then walk diagonally across this field to reach the river bank.

④ GPS: SD 7248 3946

You can continue a little way along the river bank and then re-trace your steps to return to the Three Fishes.

